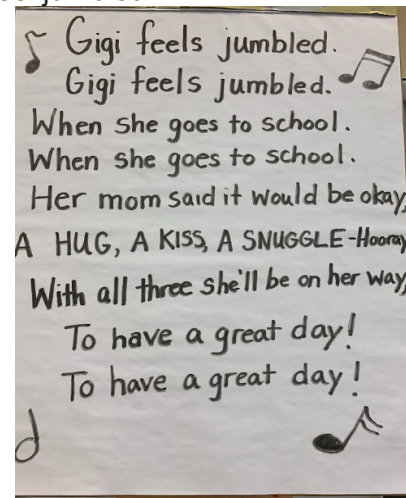


Storytime Schedule and Activity List

Storytime Schedule

Program is ~30-45 minutes, but can be tailored to meet your needs.

1. Start by discussing the title of the book and what it means to feel jumbled. Ask children: *What does it mean to feel jumbled? When have you felt this way?* Explain what this means with words and movement.
2. Do a **read aloud** of the book "Gigi Feels Jumbled." Have children listen carefully for how Gigi is able to overcome her first day jitters.
3. After the story, do a **singalong** (with movement) to help children remember the main message of the story (bottom picture). The song is sung to the tune of *Three Blind Mice* and can be customized for each child and when they feel jumbled.



4. Move to **different crafts/activities** to support the book's message. Below is an image of the different activities I did for a recent storytime at the Nutley Public Library. Children came up to the table to choose an activity (pictured left) and then sat back down to work on what they chose (pictured right). Feel free to choose some or all of the activities listed below.



Storytime Schedule and Activity List

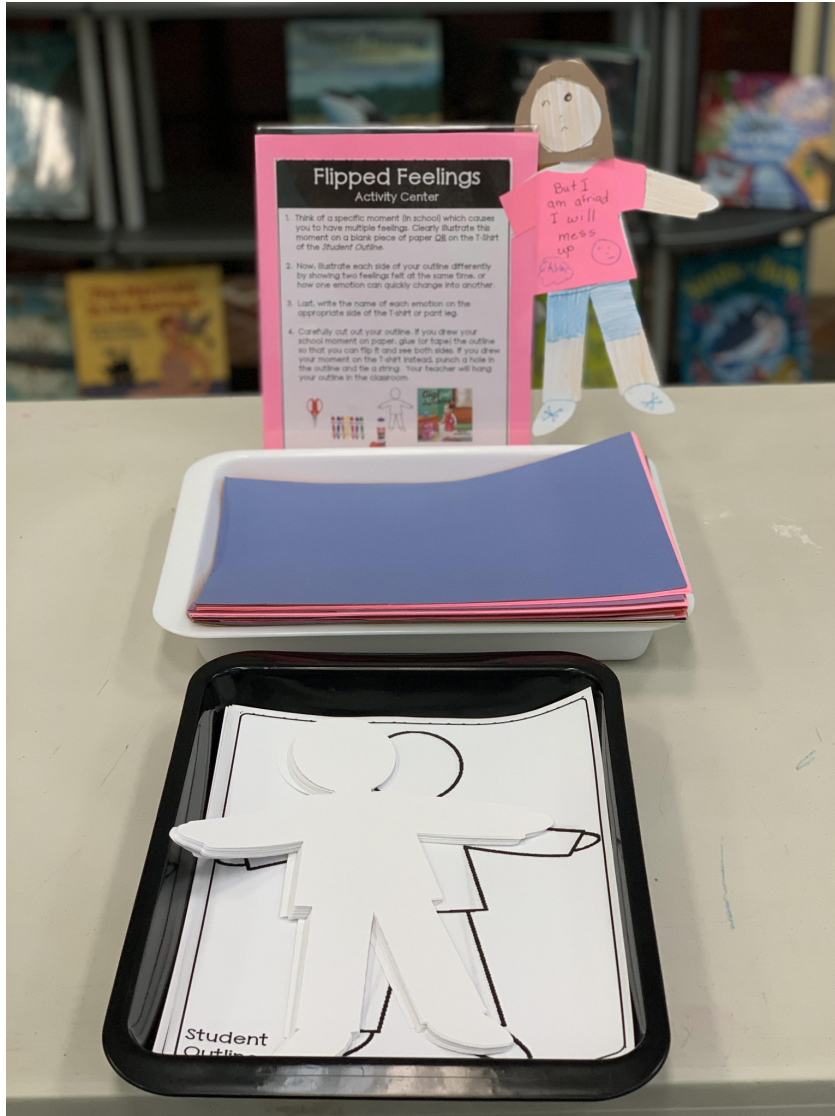
Activity List

1.MAKE A BOOKMARK - Children create and decorate a bookmark showing the strategy that Gigi used to calm her first day jitters [hugs--kisses--snuggle]. Children can take a bookmark template and glue cut-outs of a "hug," "kiss," and "snuggle."



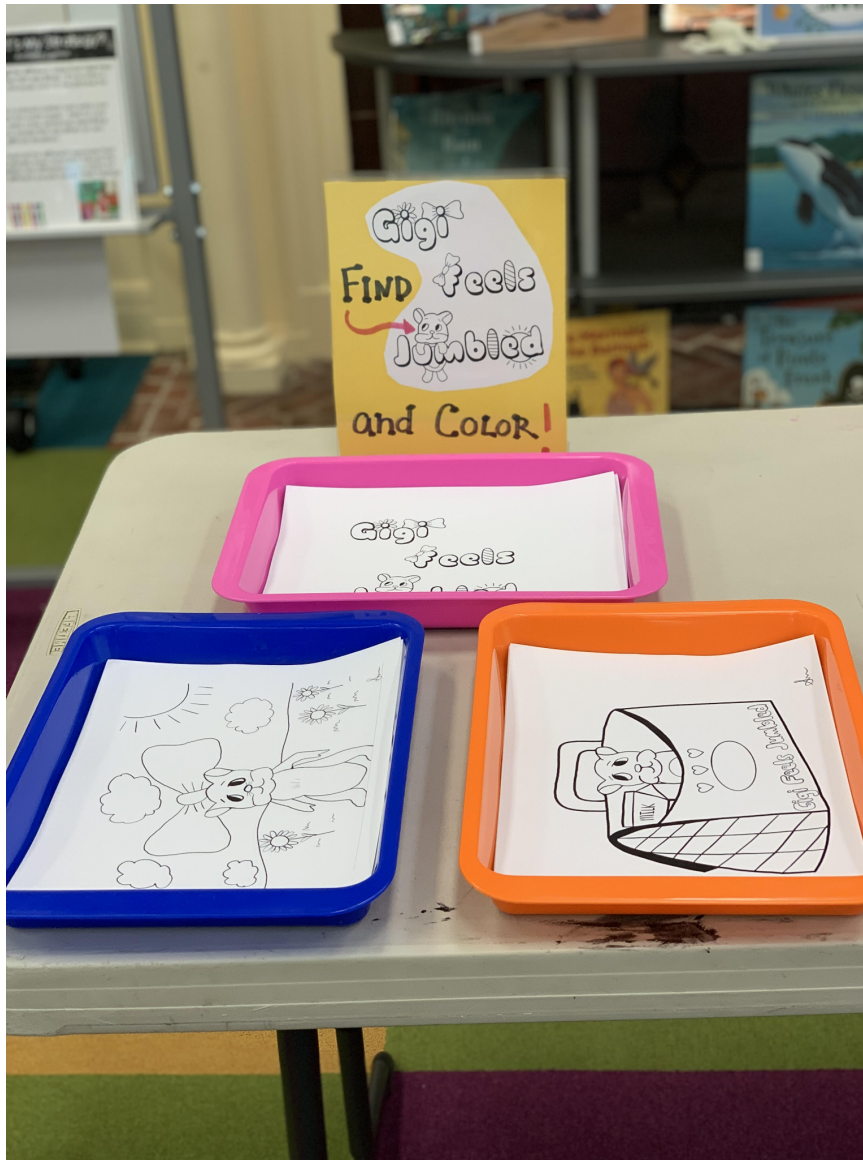
Storytime Schedule and Activity List

2. FLIPPED FEELINGS - In the book, Gigi felt both excited and nervous for her first day of school. In this activity, children can illustrate how sometimes they can feel more than one feeling when trying something new. They illustrate two sides of a paper silhouette with different feelings on each side. These can be hung in the classroom and/or at home.



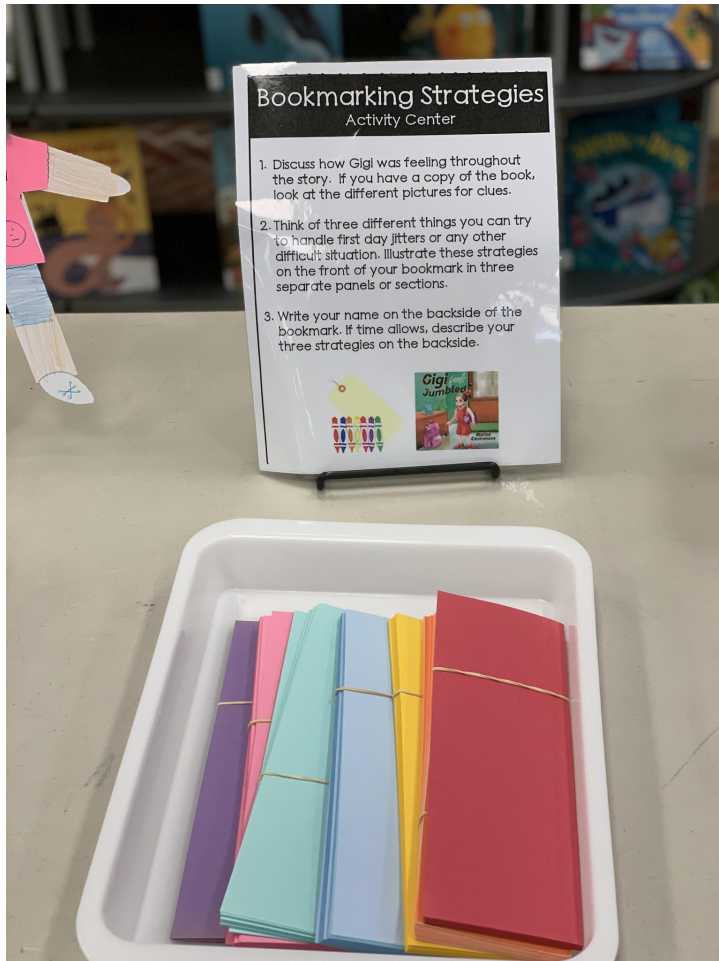
Storytime Schedule and Activity List

3. FIND THE HIDDEN CHARACTER - In the story, Gigi's pet hamster is hidden on every page of the book. The hamster gives the reader clues as to how Gigi is feeling throughout the story. In this activity, I have laminated illustrations of the book that I spread out on the table (not shown). Children can look through the illustrations to "find" the hidden hamster. Afterwards, they can choose a coloring page to color (pictured below).



Storytime Schedule and Activity List

4. BOOKMARKING STRATEGIES - Here I have large, oversized cardstock so that children can illustrate different strategies (things they might try) to calm their nerves when feeling jumbled. This could also be customized with a sentence starter: *"When I feel jumbled, I can try to..."* Children can save as a reminder of what they can try throughout the school year.



Storytime Schedule and Activity List

5. WHAT'S MY STRATEGY? - At this station, I have a large chart paper laid out. Students can use a marker to write (or draw) something they might try to calm their jitters. This can also be customized with sentence starters like: "When I'm feeling jumbled, I can...." Poster can be hung up in the classroom as a reminder of different ways to calm "jumbled feelings."

